

Informed Consent and Liability Waiver

- Erin Yeakel is a Clinical Herbalist and Nutritionist with over 1500 hours of training in nutrition,herbalism, physiology, and related topics. **She is not a physician or psychologist. She cannot provide a conventional medical disease diagnosis or treatment.** Only a licensed physician can prescribe drugs and medicines.
- She is not licensed in any capacity by the State of Montana and her services do not replace those of a licensed physician. She advises all clients to seek the advice of a licensed healthcare provider if they suspect they have an ailment or illness that may require medical attention, including pregnancy.
- Her consultations are designed to educate the client on the beneficial effects of herbs, nutrition, diet, and lifestyle changes on wellness and prevention of illness. Clients are encouraged to take responsibility for their own health.
- Any herb has the potential to cause an adverse effect. If adverse effects or discomfort occur, stop taking the herb(s) immediately and notify her.
- Some herbs may interact with pharmaceutical medications, Erin is trained in drug-herb interactions. It is important to disclose all medications you are taking (including over-the-counter or recreational drugs), and that you discuss possible interactions with your prescribing healthcare provider.
- She may provide you with professional information about possible side effects of your medications. **This does not constitute a recommendation to stop taking them or to change your dosage.** If you have concerns about side effects, please discuss them with your prescribing healthcare provider.
- While people generally experience greater health and wellness as a result of adopting natural therapies, she cannot promise or guarantee protection from future illness.
- **Any information discussed during our sessions is held in strict confidence.** (Exceptions, as required by law: impending suicide, homicide, and child abuse). As a teaching and learning tool, cases may be reviewed **anonymously** by herbalists and peers.

I am responsible for my own health. As with conventional medicine, herbal medicine is vast and complex, and must be used responsibly. People react differently to different remedies. I agree that all nutritional supplements, herbs, extracts, remedies, etc. are taken at my own risk. As with any ingested substance, allergic reaction is a possibility in some individuals. I have been informed of the risks and consequences involved.

Initial here

I have read the above statements and agree to their terms.

Client name (please print):

Signature:

Date:

Clinician name (please print):

Clinician signature:

Date: